

CJ Eubanks Fleming, PhD

Curriculum Vitae

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CURRENT POSITION

Postdoctoral Fellow **2014-present**
Duke University Medical Center, Department of Psychiatry
Mentor: Patricia A. Resick, Ph.D.

EDUCATION

Doctor of Philosophy in Clinical Psychology **2008-2014**
Clark University; Worcester, Massachusetts
Dissertation title: *Do as I say, not as I do? An examination of the relationship between partner behaviors and help seeking for alcohol related issues*
Chair: James V. Cordova, PhD

Certificate in College Teaching **2009-2012**
Colleges of Worcester Consortium
Completed coursework: Seminar in College Teaching, Teaching With Technology, Preparing to Teach a Psychology Course, and Practicum in College Teaching.

Master of Arts in Psychology **2008-2010**
Clark University
Thesis title: *Predicting Relationship Help Seeking Prior to a Marriage Checkup*

Bachelor of Arts, Highest Distinction and Highest Honors **2004-2008**
University of North Carolina at Chapel Hill
Majors: Psychology, American Studies
Honors: Phi Beta Kappa National Honor Society, Psi Chi National Honor Society

TEACHING EXPERIENCE

Instructor, Couples and Intimacy Seminar **Spring 2013**
Clark University Psychology Department
Independently developed and taught course curriculum. Course was an upper-level seminar with an enrollment of 12 undergraduates.

Instructor, Statistics in Psychology **Fall 2011-Fall 2012**
Clark University Psychology Department

Revised standing course curriculum, independently taught lecture-based course with heavy use of classroom technology, managed several graduate-level teaching assistants. Course was an introductory survey course with an enrollment of 75-90 undergraduates.

Instructor, Psychology of Couples and Intimacy **Summer 2011**
Clark University College of Professional and Continuing Education

Revised standing course curriculum, independently taught and managed course materials. Course was a middle-level seminar with an enrollment of 6 continuing education students.

Undergraduate Lab Coordinator, Couples Research **Spring 2009-2011**
Clark University Center for Couples and Family Research

Responsible for managing undergraduate research team who completed data entry and data management. Led weekly class discussion of research articles. Co-supervised undergraduates' independent research projects and honors theses. Course was a hands-on research class with an enrollment of 8-12 students.

Teaching Assistant, Multiple Courses **Fall 2008-Spring 2010**
Clark University Psychology Department

Responsible for grading, leading discussion sections, and holding review sessions for several courses including Introduction to Psychology, Statistics in Psychology, Qualitative Methods in Psychology, and Developmental Psychology.

RESEARCH EXPERIENCE

Postdoctoral Researcher **2014-present**
Duke University Medical Center Department of Psychiatry

Managed several DoD-funded grants focused on the study and dissemination of Cognitive Processing Therapy for PTSD, by assisting in the preparation of DoD reports and providing consultation in ongoing clinical studies. Also organized, analyzed, and published data resulting from previous grants focused on the study of Cognitive Processing Therapy. Advisor: Patricia Resick, PhD

MIRECC Research Assistant **2013-2014**
Durham VA Medical Center

Collaborated with the Durham Mental Illness Research, Education, and Clinical Center (MIRECC) to analyze and publish results from the OIF/OEF Veterans Health and Needs Study, which is a study of health care needs in returning veterans. Research focused on examining sources of information about VA services as predictors of mental and physical health care utilization, with the goal of developing targeted marketing strategies. Also assisted the MIRECC research team in preparing the Community Mental Health Summit Report on behalf of the VA Central Office Mental Health Summit Committee.

Assisted the Substance Use Disorders clinic in the creation of a database designed for treatment outcome research regarding the success of the QuitSmart Smoking Cessation Program. Advisors: Eric Crawford, PhD and Murray McNeil, PhD

Doctoral Researcher **2012-2014**
Clark University

Independently designed, implemented, and analyzed results from an original online study of alcohol-related help seeking in married adults. Hypotheses focused on the role of social influences in a drinker's decision to seek help for alcohol-related concerns. Perceived partner support, perceived social norms, and marital satisfaction were examined as predictors of increased help seeking. Committee: James V. Cordova, PhD (Chair), Kathleen Palm-Reed, PhD, Christina Hatgis, PhD

Anger Management Program Research Assistant **2010-2011**
UMass Memorial Hospital Outpatient Psychiatry Clinic

Assisted with data management and preliminary data analysis as a part of an anger management treatment outcome evaluation program. Advisors: Mary Bennett, LCSW, and Lynn Dowd, PhD

Marriage Checkup Clinician, Coordinator, and Researcher **2008-2014**
Clark University Center for Couples and Family Research

Worked as research assistant and Masters' level clinician on the Marriage Checkup Project (MC) a study of a marital intervention in 215 community couples. Provided MC visits to treatment couples participating in the study and coordinated undergraduate and graduate research labs, which entailed organizing all aspects of data management and study procedure, spearheading lab meetings, managing the undergraduate research team, and serving as the team leader on community outreach, presentations, and publications. Advisor: James Cordova, PhD

GRANT WRITING EXPERIENCE

Award Applicant **2013**

Project: *Do as I say, not as I do? An examination of the relationship between partner behaviors and help seeking for alcohol related issues*

Funding Source: APA Dissertation Award

Applied for funding from APA to support dissertation research. Award unfunded.

Award Applicant **2012**

Project: *Do as I say, not as I do? An examination of the relationship between partner behaviors and help seeking for alcohol related issues*

Funding Source: Anne Anastasi Psychology Graduate Student Award

Applied for funding from APAGS to support dissertation. Award unfunded.

Research Assistant**2009**

Project: *Indicated Treatment and Prevention of Marital Deterioration in At-Risk Couples*, Administrative Supplement Grant

PI: James Cordova, PhD

Funding Source: National Institute of Health

Assisted with grant submission by preparing literature review, overview of methods and data analysis plan, and key administrative paperwork. Grant supplement funded.

Research Assistant**2009**

Project: *Testing the Efficacy of the Marriage Checkup as a Gateway to Behavioral Couples Therapy for Substance Abuse*; R01 DA030211-01

PIs: James Cordova, PhD, William Fals-Stewart, PhD, Timothy O'Farrell, PhD

Funding Source: National Institute on Drug Abuse

Assisted in grant preparation by conducting and writing a literature review regarding couples' engagement in treatment for substance use. Grant unfunded.

CLINICAL EXPERIENCE**Postdoctoral Associate****2014-present****Durham VA Medical Center PTSD Clinic**

Provided Cognitive Processing Therapy (CPT) in group and individual format for veterans with PTSD, provided Cognitive Behavioral Conjoint Therapy (CBCT) to veterans with PTSD and their partners, completed diagnostic assessments and provided relevant feedback and recommendations to veterans with PTSD using the Clinician Administered PTSD Scale (CAPS). Supervisors: Carolina Clancy, PhD and Kate Berlin, PhD

Clinical Psychology Intern**2013-2014****Durham VA Medical Center, APA-Accredited Psychology Internship**

Performed psychological evaluations, group and individual psychotherapy, and participated in multidisciplinary team meetings in the following areas:

PTSD Clinic. Completed diagnostic assessments and provided treatment recommendations for veterans demonstrating PTSD symptoms using the CAPS, provided CPT and Prolonged Exposure (PE) to veterans with PTSD, co-led Seeking Safety group for veterans with comorbid PTSD and substance use disorders, and co-led Cognitive Behavioral Couples Therapy Group (CBCT) for veterans with PTSD and their partners. Supervisor: Kate Berlin, PhD

Outpatient Mental Health. Performed diagnostic assessments using objective personality testing and cognitive screening to assist in treatment planning for veterans with complicated clinical presentations, co-led Cognitive Behavioral Therapy (CBT) based anger management groups and independently created and led a psychotherapy group for veterans with sub-threshold PTSD, provided Integrative Behavioral Couples Therapy (IBCT) to veterans and their spouses who were struggling with issues such as trust and

communication, and provided individual CBT-based therapy to veterans in a general outpatient clinic. Supervisors: Jeffrey White, PhD and Tracey Carson, PhD

Substance Use Disorders Clinic. Conducted outpatient screening and intake appointments with veterans with substance use disorders, presented and evaluated cases in an interdisciplinary team setting, provided individual CBT and Motivational Interviewing (MI) for veterans in the early stage of recovery from substance use disorders, co-led tobacco treatment group for veterans using the QuitSmart protocol, and co-led a SMART Recovery based relapse prevention group for veterans who had been in recovery for at least one month. Supervisor: Murray McNiel, PhD

Community Living Center. Provided counseling to individuals, couples, and groups in a population of people with comorbid psychiatric and medical diagnoses who had been referred for short-term rehabilitation or long-term palliative care, co-created and led an evidence-based support group for spouses of hospitalized veterans, conducted neuropsychological evaluations to provide information for diagnosis and treatment planning, and coordinated services within the context of a multidisciplinary team. Supervisor: Jessica Fulton, PhD

Graduate Student Therapist **2012-2013**
Providence VA Medical Center

Provided CBT for veterans with primary mood disorders, completed diagnostic intake interviews for veterans seeking VA mental health treatment, co-led Men's Stress Workshop group (CBT for Depression) and Trauma Recovery Group. Supervisor: Jennifer Primack, PhD

Clinical Psychology Extern **2011-2012**
Worcester State Hospital

Provided individual supportive therapy to people with severe mental illness in an inpatient setting, co-led Cognitive Rehabilitation Therapy group, Substance Awareness group, and Mental Health Relapse Prevention group, completed psychological testing using cognitive and personality measures to clarify diagnoses and assist in creating treating recommendations, consulted with interdisciplinary teams regarding feedback and recommendations for therapy and assessment clients. Supervisors: John Sweet, PhD and Daniel Lambert, PhD

Assessment Practicum Student **2011-2012**
Children's Friend Community Clinic

Conducted psychological testing in an outpatient setting with children ages 6-16 using cognitive, achievement, and personality measures to provide diagnostic information as well as educational and treatment recommendations. Supervisor: Johanna Sagarin, PhD

Graduate Student Therapist **2010-2011**
Center for Couples and Family Research, Clark University

Provided Integrative Behavioral Couples Therapy to community couples around such issues as communication, trust, and intimacy. Supervisor: James Cordova, PhD

Graduate Student Therapist **2010-2011**

UMass Memorial Hospital Outpatient Psychiatry Clinic

Provided CBT to outpatient adults with mood and adjustment disorders, co-led Intensive Outpatient Group Therapy, Men's and Women's CBT-based Anger Management groups, and CBT for Depression group, assisted in the development of the Couples' Anger Management Program which was designed to utilize cognitive-behavioral techniques to assist couples in increasing emotion regulation and communication skills. Supervisor: Robert Carey, PhD

Graduate Student Therapist **2009-2010**

Clark University Psychology Department Clinic

Provided Acceptance and Commitment Therapy (ACT) and MI to college students with mood and adjustment disorders. Supervisor: Kathleen Palm-Reed, PhD

Graduate Student Therapist **2009-2010**

Clark University Psychology Department Clinic

Provided Psychodynamic Play Therapy for community children ages 6-12 with conduct disorders and social adjustment concerns. Supervisor: Robert Ciottone, PhD

Assessment Practicum Student **2008-2009**

Clark University Psychology Department Clinic

Completed psychological testing using cognitive and personality measures to assess social, occupational, educational, and cognitive functioning in children and adults. Supervisor: Cathleen Crider, PhD

Marriage Checkup Consultant **2008-2011**

Clark University Center for Couples and Family Research

Provided 2-session assessment and feedback intervention for community couples across the range of marital distress with the intent of activating couples in the service of improving their marital health and preventing divorce. Supervisor: James Cordova, PhD

CLINICAL SUPERVISORY EXPERIENCE

Supervisor **2014-present**

Durham VA Medical Center PTSD Clinic

Clinically supervised a graduate practicum student within a hierarchical framework. Provided instruction and feedback as supervisee became proficient in the administration and interpretation of the Clinician Administered PTSD Scale, and co-led and supervised a Cognitive Processing Therapy Group.

Peer Supervisor **2009-2010**

Clark University Psychology Department Clinic

Reviewed and provided feedback on weekly therapy tapes for peer therapists providing ACT to college students in the Psychology Department Clinic.

ADDITIONAL CLINICAL TRAININGS

Cognitive Processing Therapy Consultant Training **2014**
Duke University Medical Center

Participated in a three-day training for certification as a CPT consultant. Instructor: Patricia Resick, PhD

Cognitive Processing Therapy Training **2013**
Durham VA Medical Center

Participated in a three-day training and 6-month follow-up consultation period for CPT. Completed consultation and banked credentials for VA CPT provider certification. Instructor: Carolina Clancy, PhD, Regional Trainer

Prolonged Exposure Training **2013**
Durham VA Medical Center

Participated in three-day training in PE. Instructor: Eric Crawford, PhD, National Trainer

Acceptance and Commitment Therapy Seminar **2009**
Association for Behavioral and Cognitive Therapies

Attended two-day training in ACT at 2009 ABCT annual conference. Instructor: Steven Hayes, PhD

ADDITIONAL PROFESSIONAL EXPERIENCES

Student Representative, Psychology Training Committee **2013-2014**
Durham VA Medical Center

Served as a liaison between trainees and psychology faculty at monthly training committee meetings.

Secondary Manuscript Reviewer **2010-2011,**
Clark University and Durham VA Medical Center **2013**

Assisted research advisors in completing peer-reviews for *Journal of Marital and Family Therapy*, *Psychological Assessment*, and *Journal of Traumatic Stress*.

Graduate Student Representative, Colloquium Committee **2010-2011**
Clark University

Invited guest speakers to provide colloquia to the psychology department three times over the course of the year. Worked with committee members to coordinate logistics for colloquia events.

Student Co-President, Couples' Special Interest Group **2009-2011**
Association for Behavioral and Cognitive Therapies

Chaired annual student and young faculty symposia, planned annual Couples' SIG cocktail parties, managed social media and listserv contact for SIG students' group.

Student Representative, Graduate Education Committee **2009-2010**
Clark University

Met monthly with committee members to discuss changes and improvements to Clark graduate curriculum.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Association for Behavioral and Cognitive Therapies
International Society for Traumatic Stress Studies

PUBLICATIONS

Cordova, J.V., **Fleming**, C.E., Morrill, M.I., Sollenberger, J.W., Harp, A.G., Gray, T.D., Darling, E.V., Blair, J., Meade, A. & Wachs, K. (2014). The Marriage Checkup: Testing the efficacy of annual relationship health checkups. *Journal of Consulting and Clinical Psychology*, 82(4), 592-604.

Fleming, C.E. & Cordova, J.V. (2014). Emerging approaches to empirically-based couple interventions. In K. Sullivan & E. Lawrence (Eds.), *The Oxford Handbook of Couple Dysfunction*.

Sollenberger, J.W., **Fleming**, C.E., Darling, E.V., Morrill, M.I., Gray, T.D., Hawrilenko, M., & Cordova, J.V. (2014). The Marriage Checkup: A public health approach to marital well being. *The Behavior Therapist*. 36(8), 197-203.

Department of Veterans Affairs – Including: Kudler, H., Crawford, E.F., Wagner, R.J., Whitted, P., **Fleming**, C.E, & Fairbank, J. (In Concurrence Review, 2013). Community Mental Health Summit Report: A national evaluation of mental health summit meetings among Veteran Health Administration representatives and community stakeholders. Submitted to Office of the Under Secretary for Health and Veterans Affairs Central Office.

Fleming, C.E. & Cordova, J.V. (2012). Predicting relationship help seeking prior to a Marriage Checkup. *Family Relations*, 61, 90-100.

Morrill, M.I., **Fleming**, C.E., Harp, A.G., Sollenberger, J.W., Darling, E.V. & Cordova, J.V.

(2011). The Marriage Checkup: Increasing access to marital health care. *Family Process*, 50(4), 471-485.

PRESENTATIONS

Fleming, C.E., & Crawford, E.F. (2014). *Veterans' preferences for receiving information about VA services: Is getting the information you want related to increased healthcare utilization?* Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Fleming, C.E. (2014). *Do as I say, not as I do? An examination of the relationship between partner behaviors and help seeking for alcohol related issues.* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Fleming, C.E., Hawrilenko, M. & Cordova, J.V. (2013). *It's not you, it's me: Examining completion of therapist-generated vs. couple-generated recommendations in the Marriage Checkup.* Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Hawrilenko, M., Sollenberger, J. W., Darling, E.V., **Fleming**, C.E. & Cordova, J.V. (2013). *It takes two: Modeling Marriage Checkup results through 2-year follow-up.* In L. Benson & E. Georgia (Chairs), Early, Preventative, and Low-Intensity Relationship Interventions. Symposium presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Fleming, C.E., Hawrilenko, M. & Cordova, J.V. (2012). *The Marriage Checkup: Modeling results beyond the 1-Year booster checkup.* In J.V. Cordova and C.E. Fleming (Chairs), The Marriage Checkup: Do Annual Checkups Improve Relationship Health Outcomes? Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Fleming, C.E. & Cordova, J.V. (2011). *Checking up on depression: An examination of the relationship between depression and marital health in the Marriage Checkup.* In C.E. Fleming & K.W. Baucom (Chairs), Beyond Satisfaction: An examination of the associations between depression, stress and new domains of relationship health. Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.

Cordova, J.V., **Fleming**, C.E. & Darling, E.V. (2011). *Coping with change in the Marriage Checkup: An examination of Marriage Checkup couples in transition.* In C. L. Gordon (Chair), How Couples Respond to Change: Factors that Promote Resilience

During Transition. Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.

Fleming, C.E., Cordova, J.V., Stanley, S., Uebelacker, L. & Rogge, R. (2010). *Beyond Therapy: Brief Interventions for Couples and Families*. Organized and chaired panel discussion for the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Dowd, L., Bennett, M.M., Guy, L.S., Nelson, R. & **Fleming**, C.E. (2010). *Cooling our jets: Anger management treatment for men and women*. Poster presented at the University of Massachusetts Medical School Research Festival, Worcester, MA.

Eubanks, C.J., Cameron, A.Y., Palm, K.M. & Cordova, J.V. (2009). *The role of hostility in smoking cessation in married couples: Results from a national sample*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Eubanks, C.J. & Cordova, J.V. (2009). *Correlates of couples' help seeking in the Marriage Checkup*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Morrill, M.I., **Eubanks**, C.J., Palm, K.M. & Cordova, J.V. (2008). *Developing an acceptance-based parenting checkup for couples*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

REFERENCES

James Cordova, PhD
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